



RAGAN THOMSON

MEDIA PRESS KIT

Ragan Thomson is a Spiritual
Facilitator, Intuitive Transformational
Coach and World Service Activist.

WE'RE SO GRATEFUL YOU'RE HERE!

In this document, you'll find all the information needed to work with the Ragan Thomson Team and help you better understand our goal and mission.

If you have any questions, please don't hesitate to get in touch with us at info@raganthomson.com

Blessings,

Ragan Thomson Team



MEET RAGAN -

Ragan is a teacher, healer, guide, and transformational coach. She is committed both in her life and her work to bringing more consciousness to humanity and helping the planet move more and more into peace.

Ragan serves as a light worker, activist, and philanthropist. She brings this work through her prayers, meditation, podcasts, live events, and global world service.

Ragan invites you to join her on a transformational journey home to authenticity, empowerment and awakening into the truth of who you really are.



Restoring human hearts from
the local to the global in order to
bring more peace and balance to
our beautiful planet.

OUR MISSION -

Our goal is to provide genuine and compassionate communication that stems from a place of love, integrity and empowerment.

We strive to inspire individuals to become more conscious and aware while also identifying how they can contribute to creating a more balanced, harmonious and peaceful world.

Ragan possesses a unique gift of delivering grounded and relatable communications that are wise and authentic, without the use of a script. Her words feel as if she is speaking directly to each person in the room.

Her personal experiences, which have not always been easy, have led to tremendous growth, learning and healing enabling her to easily provide great empathy and compassion for others, which are evident in the words that she speaks.



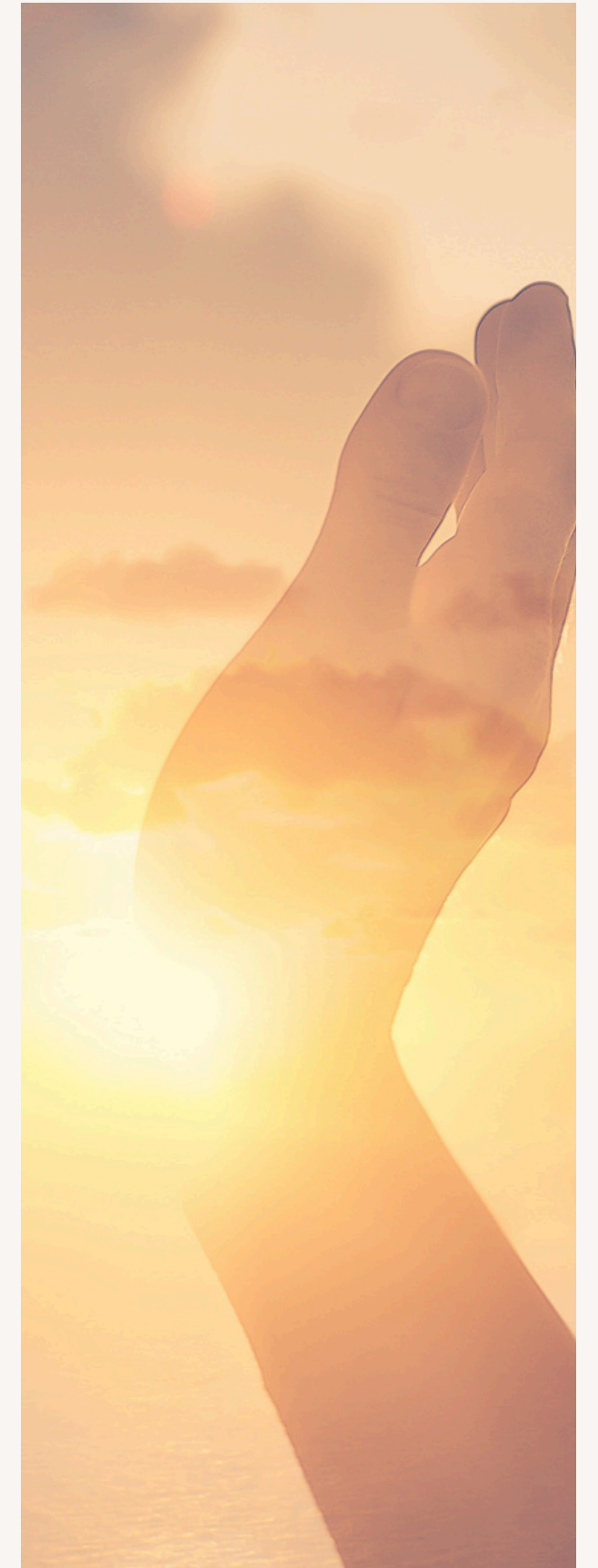
OUR MISSION -

Ragan's talks have been received with great receptivity, leaving audiences deeply moved and reflecting on how her message resonated with them.

Ragan's ability to allow Spirit to flow through her, guide her words and connect with her audience creates an interactive experience that promotes equality and unity. Her speeches may incorporate meditative practices and breathing exercises to engage the audience.

Ragan addresses a variety of topics that include ways to manage our energy system, the road to greater inner healing, women's empowerment, balancing the masculine and feminine, ways to find inner peace within, life as a journey not a destination, the importance of equality, and women's and youth's empowerment towards climate change.

Listening to Ragan can leave one feeling more peaceful, inspired, energized, rejuvenated and healed within the mental, emotional, physical and spiritual body.



RAGAN'S EXPERIENCE-

Ragan has been refining her craft for over 20 years, working with hundreds of clients, both in the U.S and globally as a teacher, spiritual healer, and transformational coach.

Early Years.

During the earliest stage of her transformational journey, Ragan offered purification ceremonies for spaces, as well as individual and couples sessions, which she still does offer as a service to the globe



RAGAN'S EXPERIENCE-

Previous Businesses

In The Loving

"In The Loving" was Ragan's first business, a conscious media company focused on creating conscious media products for families and children.

While working for "In the Loving", Ragan did many speaking engagements during the years, speaking in many retreats and other gatherings. During these years, Ragan also worked very closely with "Agape Spiritual Center" and its members through taking classes and workshops while studying to be a practitioner at the Sanctuary.



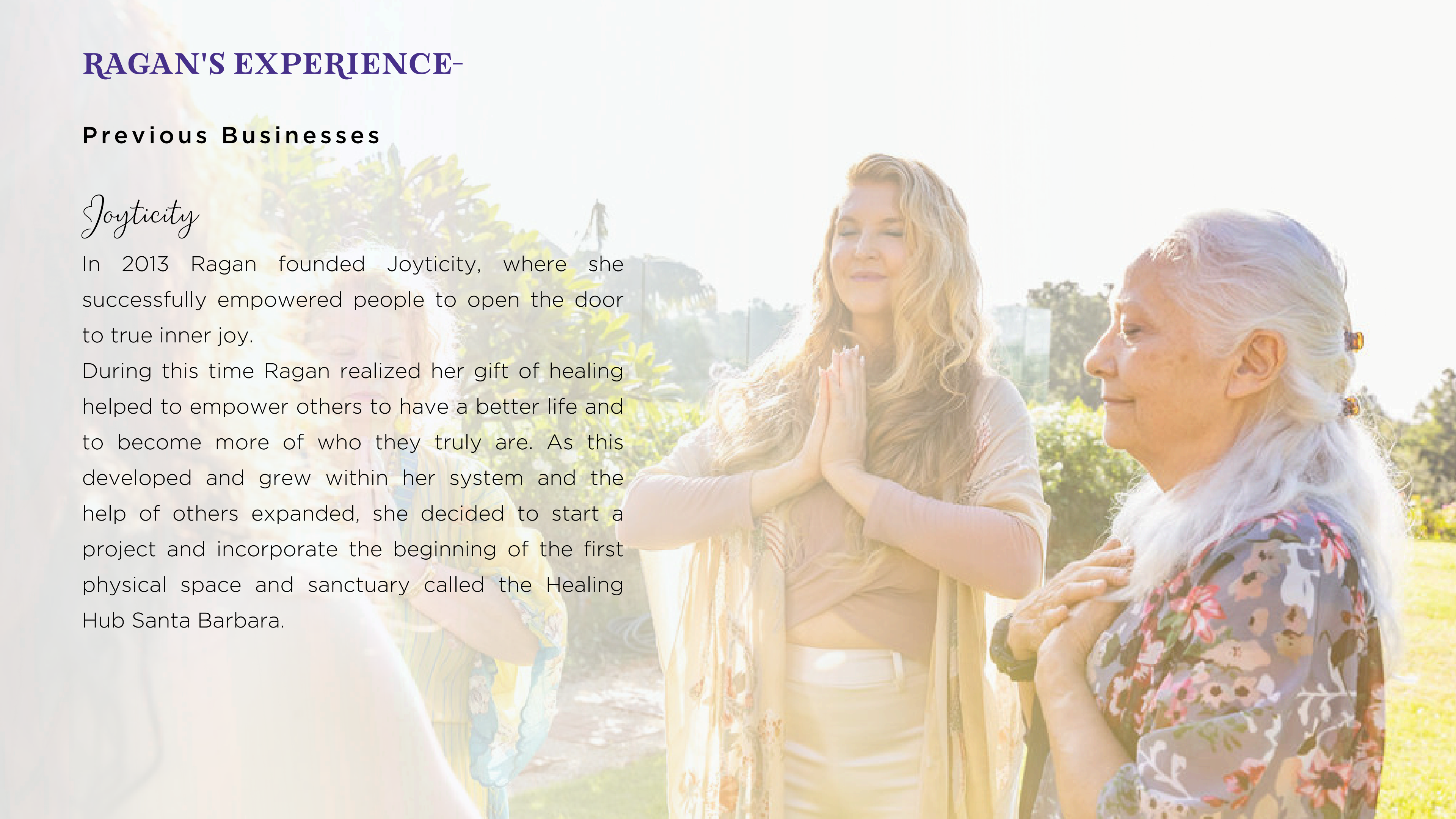
RAGAN'S EXPERIENCE-

Previous Businesses

Joyticity

In 2013 Ragan founded Joyticity, where she successfully empowered people to open the door to true inner joy.

During this time Ragan realized her gift of healing helped to empower others to have a better life and to become more of who they truly are. As this developed and grew within her system and the help of others expanded, she decided to start a project and incorporate the beginning of the first physical space and sanctuary called the Healing Hub Santa Barbara.



RAGAN'S EXPERIENCE-

Previous Businesses

Healing Hub Santa Barbara.

Healing Hub Santa Barbara was Ragan's first physical location, where she hosted her own work as well as other healing events.

Of this experience, Ragan says "it helped me come to realize the absolute importance and power of having a soul-family community around me to share the healing journey with, as well as to help her learn that running a center is not the ultimate goal, rather to touch people heart's individually and heal one soul at a time".

Current Businesses

Ragan Thomson

Ragan Thomson was born from the intention of reaching more people and changing more lives and this world for the better. The revelatory experience of Ragan Thomson has been that she is here to serve not only one soul at a time, as well the many across the globe.

Within Ragan Thomson, Ragan has hosted both in-person and online gatherings, created her own Podcast, newsletter and weekly meditations, and grown her community greatly over the pass years.

RAGAN'S NONPROFIT BOARD EXPERIENCE

The Art of Elysium

Board Member and Volunteer.

“The Art of Elysium” Mission Statement: For over twenty-four years, we’ve paired volunteer artists with communities in Los Angeles to support individuals in the midst of difficult emotional life challenges like illness, hospitalization, displacement, confinement, and/or crisis. We serve medically fragile children, teens, adults, seniors, those dealing with social, emotional and mental health issues, and the homeless.

Current Board Seat

World Systems Solutions

Chairperson of the Board

“WSS” Mission Statement: The WSS Mission is to create a conscious collaboration technology infrastructure and education system that coordinates and empowers existing stakeholders, resources, organizations, and governmental institutions to solve the climate emergency and avoid the collapse of life on our planet.

PUBLIC SPEAKING

Unity of Santa Barbara -

Ragan has led multiple Sunday service meditations and has now begun to bring forth sermons occasionally during 2023.

Unity was founded more than 100 years ago. Instead of religious dogma, Unity teaches affirmative prayer and meditation to connect with one's Divine nature.

Transformational Awakening Group / "TAG-Your It"-

"TAG" is dedicated to support and honor the individual's awakening process. Ragan collaborated with "TAG" for two years, speaking every two weeks for 30 to 50 people locally.

At "TAG", they intend to provide an atmosphere within the community to develop tools to being more conscious in our lives and inspire fellow beings to transform and live in alignment with their true awakened state of being.



PUBLIC SPEAKING

World Systems Solutions -

Ragan is Chairperson of the board at World Systems Solutions and in this position, she has helped to participate and continue in numerous workshops and team meetings, as well as within larger events within the content of WSS, such as their 2023 Spring Fundraiser Gala.

Within the WSS, Ragan has had many opportunities to speak publicly as well as contribute meditations in various meetings.

The WSS mission is to create a conscious collaboration technology infrastructure and education system that coordinates and empowers existing stakeholders, resources, organizations, and governmental institutions to solve the climate emergency.



WEEKLY NEWSLETTER -

Ragan's weekly newsletter is a source of inspiration and connection for its readers.

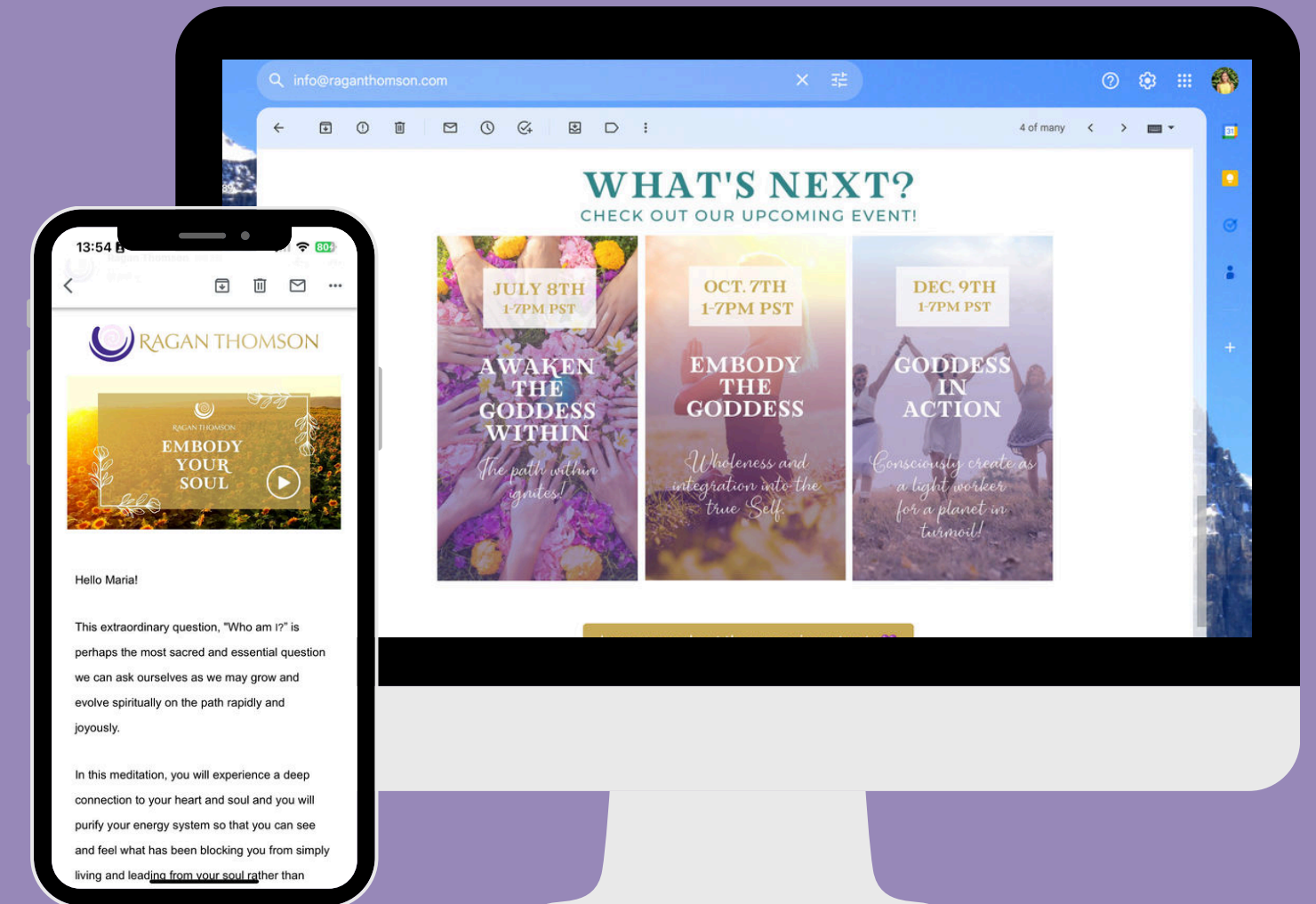
Each email features a meditation, prayer, or inspirational message, providing a moment of reflection and mindfulness.

As part of her newsletter, Ragan offers two different series:

Ancient Whispers: a monthly blog featuring lessons from ancient masters and how they can be useful nowadays.

Words of Wisdom: a YouTube video about monthly astrological influence and insights on navigating them daily, as well as a meditation.

Alongside these thoughtful words, Ragan also shares valuable news and information about upcoming events and retreats. Whether it's a local gathering, a transformative retreat, or Ragan's monthly classes, readers can stay informed and engaged with the spiritual community.



MONTHLY ONLINE CLASSES.

Soulful Balance

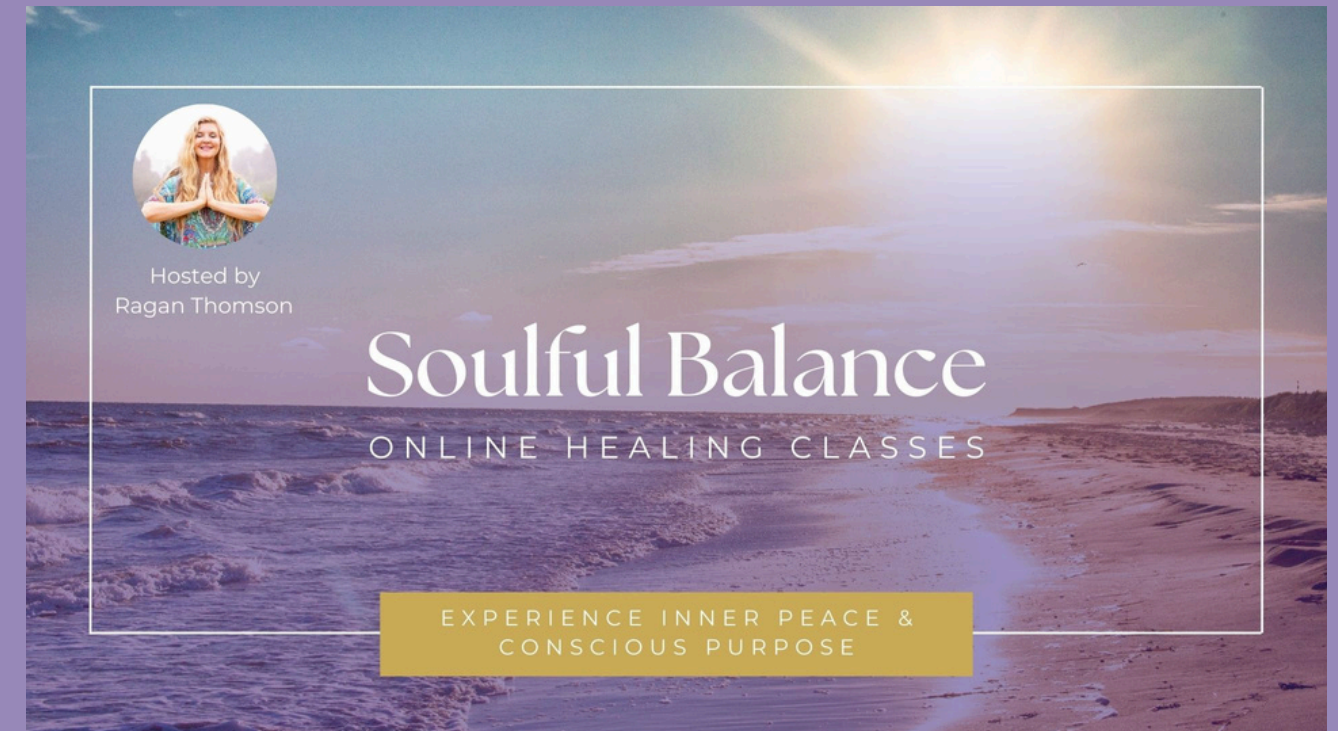
(previously Inner Purification)

Soulful Balance is a transformative online healing class designed to guide individuals toward profound inner peace and conscious purpose by harmonizing the mind, body, and spirit.

This class encourages the release of emotional blockages, karmic patterns, and negative thought tendencies, allowing attendees to reconnect with their innate wisdom and conscious life purpose.

World Mantra and Meditation

World Mantra and Meditation Healing Group is a transformative online gathering that combines the power of mantra and deep meditation to purify our energy systems and send healing energy to our planet.



PAST WORKSHOPS / RETREATS -

Goddess

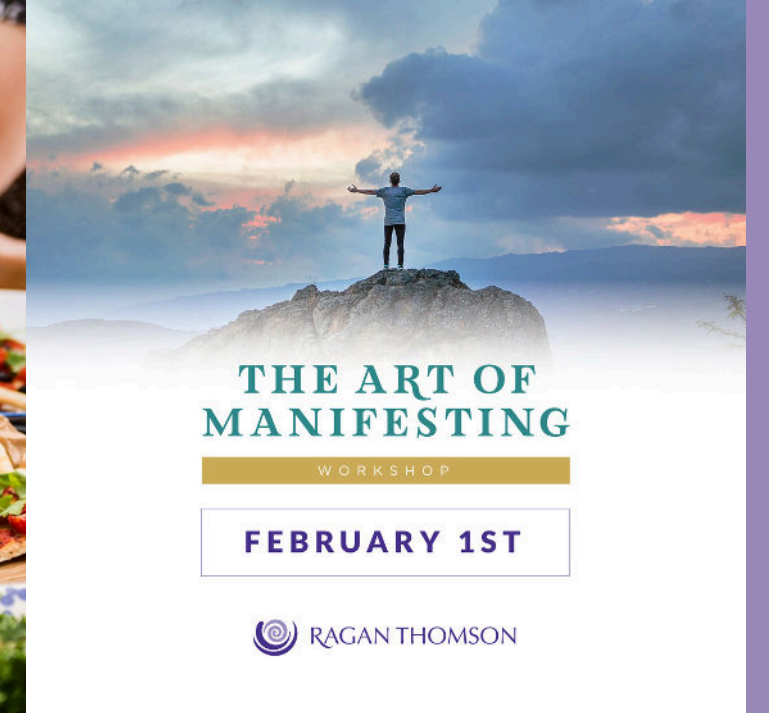
Awaken the Goddess Within
Conscious Women Empowerment
Goddess in Action
Embody the Goddess Within
Goddess in Action
Goddess Circle

Community & Relationships

Community Potluck
Conscious Empowerment for Men & Women
Conscious Parenting
Manifest Your Spiritual Partner

Other

Inner Child Workshop
The Art of Manifesting
Mantra & Meditation Healing and Clearing Workshop.



INSPIRATIONAL MESSAGES / PODCASTS



From My Heart To Yours - Podcast

Ragan is joined by a special guest to discuss the journey of life, exploring the heart and soul of individuals and the paths that have led them to their present state. Each episode delves into the advice they have to offer the world.

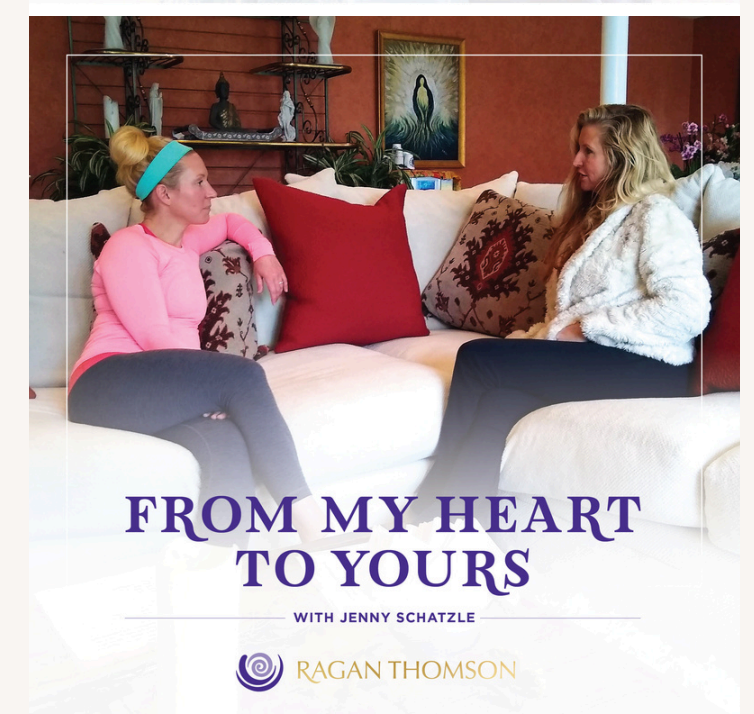
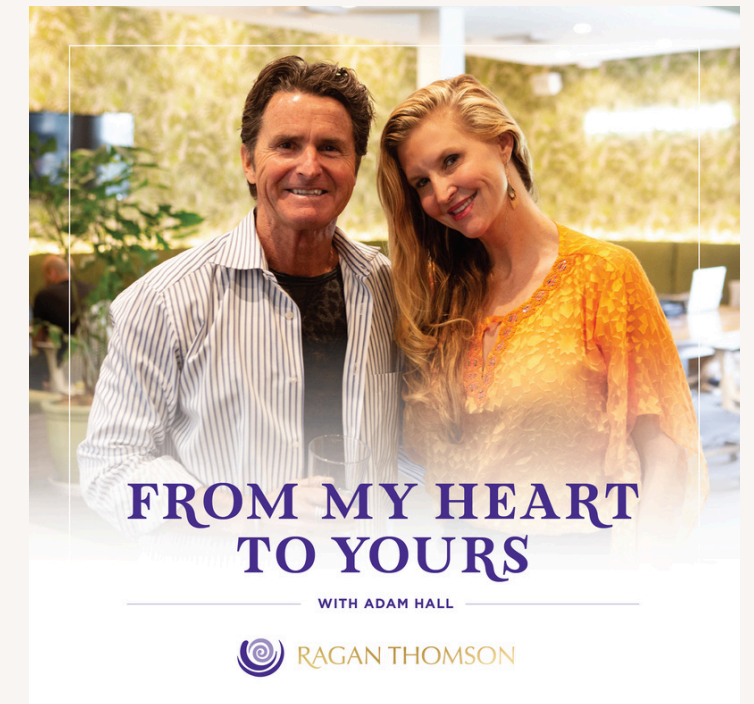
Tune in to learn more about divine intuition, how you can start tapping into yours, and what happens when your intuition takes over and you begin to lead your life from that divine voice within!



Steps on The Journey - Inspirational Messages

Each week Ragan shares with her community divine inspiration and messages from source.

Join Ragan on a journey to the soul as she shares her divine inspiration through meditations, mantras, ancient Sanskrit, philosophy, and storytelling. Tune in to experience the transformative power of her teachings.



TESTIMONIALS –

“Ragan is an expert in her field, she provides just the right guidance and space to connect you deeply with what matters most in yourself, she creates a beautiful space for going deep and experiencing transformation. I highly recommend her work.”

-Nicole

“Ragan is a gifted and powerful healer. Her compassion and depth enabled me to identify unproductive patterns and clear blocks so that I could better achieve the highest knowledge of my authentic self.”

-Maria

“I found during sessions that i was more clear and able to focus. As if the real me came thru. This clarity now has transformed my life. I’m much happier!”

-Amy

“With Ragan’s spiritual wisdom, loving and supportive nature, and her uplifting guidance, I was able to move on in a profound way that has made me a stronger and happier version of myself.”

-Zoe



WHERE TO FIND US -

INSTAGRAM
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FACEBOOK
[Ragan Thomson](#)

EMAIL
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PODCAST
[From My Heart To Yours](#)

WEBSITE
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Thank you!

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